

Internet safety and pupil education at "The Prep" Years 3-8

At the Prep we embrace the internet as a fantastic resource and aim to educate the children, parents and staff to be able to use the internet in a safe and proactive manner.

Therefore, all pupils receive sufficient instruction, training and practice whilst at The Prep. We aim to teach internet safety across all areas of school life and try to demonstrate to the children that the internet and our online presence is an extension of ourselves. Internet awareness and consideration comes in too many aspects of both the CDC curriculum and the Wellbeing curriculum for example when looking at mental health pupils will consider how the internet can help or sometimes enhance issues and therefore help pupils to be ready and confident for these events.

A detailed overview of when topics are taught can be found on the next page.

Legend:

Light green = CDC minor topic

Dark green = CDC Main Topic

Light orange = Wellbeing minor topic

Dark orange = Wellbeing Main Topic.

It is important to note that all years receive a refresher at the start of the year in CDC and have a termly reminder towards the end of each term in Wellbeing lessons to help promote good online relationships over the holidays, as we have found it is far more effective to be proactive than reactive. All pupils will also benefit from internet safety week and anti cyber bullying events.

The internet is an excellent tool and is ever changing and therefore so is our strategy to ensuring that pupils receive sufficient and helpful guidance on using the internet but also on how to interact safely and effectively.

Term/Years	3	4	5	6	7	8
Autumn 1						
1 2 3	CDC - Childnet - SMART Safe Meet Accept Reliable	CDC - Think You Know Play Like Share The	CDC - Staying Safe Online Online content What is personal information HW - Physical health, misleading food	CDC - Staying Safe Online Fact and Opinion Online Checklist HW - Physical health	CDC - Staying Safe Online Reliabitiy Trustworthiness of content online Scams and Phishing	CDC - Staying Safe Online Cyberbullying
5	Tell	Internet and Staying Safe	adverts online and TV	and mental wellbeing, what is mental health, what affects your mental health, how to look after your mental health, discrimination around mental health,	HW - Diet, exercise and making healthy choices, balanced diet, eating disorders, not spending too much	
6		Minor topic - Friendship skills, including communicating online	HW - Identity, Society, and Equality, role models, how the media affects how people feel.	importance of sleep. How can the internet affect mental health- good use of tools to help.	time online, how can online media/ideas affect what we eat and do etc	
Autumn 2						
1 2 3 4			HW - Keeping safe online	HW/WW - Keeping safe	Economic Wellbeing; Financial exploitation,	CDC - Encryption Healthy balanced
5	FBV - British values - Tolerance and links to ways of life - both in person but also online. Reminder at the end of	Minor topic - Online communities; identifying and responding to prejudice		online what can you trust online? Difference between fact and opinion	fraud and staying safe online; Managing money	lifestyle; Managing screen and internet time
6	term how to be safe online during the holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.

erm/Years	3	4	5	6	7	8
pring 1						
			HW/R - Dealing with		WW/HW - Study skills,	
			feelings, physical and		following study skills	
		R - Healthy	emotional responses,		book - how can they	
		relationships, defining	how we deal with		use the internet	
1		relationships, defining	change, dealing with		safely/sensibly for	
1		difference between	grief.		research.	
	Bullying in person and	healthy/unhealthy				
2	then Bullying online	relationships.				
3	,gemine	readonampa.				
4						
5						
	CDC - Safer Internet	CDC - Safer Internet	CDC - Safer Internet	CDC - Safer Internet	CDC - Safer Internet	CDC - Safer Internet
6	Day	Day	Day	Day	Day	Day
pring 2						
				R - Respecting		
	Celebrating difference,			ourselves and others,		
	learning about the	R-who to speak to	Career types;	resonsible behaviour	Career types;	
	meaning of community	when relationships	challenging career	both in person but	challenging career	
	and belonging - reference to online	feel unsafe, safe	stereotypes;	also an online	stereotypes;	
	community as well and	relationships online.	Enterprise project -	presence as well.	Enterprise project -	
1	how you should		Cross Year with Y7.		Cross Year with Y5.	
2	behave/dangers.					
3	Dellave/daligers.	Managing risks outside				
4		of school.				
7	Reminder at the end of	Reminder at the end of	Reminder at the end of	Reminder at the end of	Reminder at the end of	Reminder at the end o
	term how to be safe	term how to be safe	term how to be safe	term how to be safe	term how to be safe	term how to be safe
	online during holidays	online during holidays	online during holidays	online during holidays	online during holidays	online during holidays
5	and how to behave.	and how to behave.	and how to behave.	and how to behave.	and how to behave.	and how to behave.
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Term/Years	3	4	5	6	7	8
Summer 1						
1 2	CDC - Use Technology Safely	CDC-	CDC - Be an Internet Legend	Media Literacy; How	CDC - Use Technology Safely	CDC - Impact on Privacy Security
3	Research Skills		Benefits of a balanced	data is shared online; The nature of online- only friendships;	Friendships and Diversity; Respectful relationships and	Treats
4			lifestyle; Balancing internet use; How physical activity affects wellbeing	Reporting harmful content and contact; Staying safe online	conflict resolution, including online; Bullying, including online	Mental Health and Wellbeing; Digital resilience; Body image; Healthy and unhealthy
5						coping strategies
Summer 2		WW - Demorcaracy, FBV and Britain as a	HW/R - Growing up and changing, dealing		R - Self esteem and remance drugs and	Whole Day R-RSE
1	HW - Staying safe online, assessing	democratic society,	with the feelings in new relationships,		alcohol, sexual relationships,	workshops, drugs and alchohol, sexual
2	what/who to trust	council/governanace.	gaining censent who	WW-HW Age	personal safety,	realtionships,
3	online.	Respect and tolerance	to speak to for advice.	appropriate content	consent. Online	consent, self esteem
4		online libery vs hate	Relationsships online	for filn and other	relationships (Sexting,	and romance, personal
5		speech etc.	as well as physical.	media.	sharing of images etc).	safety.
	Reminder at the end of term how to be safe	Reminder at the end of term how to be safe	Reminder at the end of term how to be safe	Reminder at the end of term how to be safe	Reminder at the end of term how to be safe	Reminder at the end of term how to be safe
	online during holidays	online during holidays	online during holidays	online during holidays	online during holidays	online during holidays
		and how to behave.	and how to behave.	and how to behave.	and how to behave.	and how to behave.