



### **Internet safety and pupil education at “The Prep” Years 3-8**

At the Prep we embrace the internet as a fantastic resource and aim to educate the children, parents and staff to be able to use the internet in a safe and proactive manner.

Therefore, all pupils receive sufficient instruction, training and practice whilst at The Prep. We aim to teach internet safety across all areas of school life and try to demonstrate to the children that the internet and our online presence is an extension of ourselves. Internet awareness and consideration comes in too many aspects of both the CDC curriculum and the Wellbeing curriculum for example when looking at mental health pupils will consider how the internet can help or sometimes enhance issues and therefore help pupils to be ready and confident for these events.

A detailed overview of when topics are taught can be found on the next page.

Legend:

Light green = CDC minor topic

Dark green = CDC Main Topic

Light orange = Wellbeing minor topic

Dark orange = Wellbeing Main Topic.

It is important to note that all years receive a refresher at the start of the year in CDC and have a termly reminder towards the end of each term in Wellbeing lessons to help promote good online relationships over the holidays, as we have found it is far more effective to be proactive than reactive. All pupils will also benefit from internet safety week and anti cyber bullying events.

The internet is an excellent tool and is ever changing and therefore so is our strategy to ensuring that pupils receive sufficient and helpful guidance on using the internet but also on how to interact safely and effectively.

Term/Years	3	4	5	6	7	8
Autumn 1						
1	CDC - Childnet - SMART Safe Meet Accept Reliable Tell	CDC - Think You Know Play Like Share The Internet and Staying Safe	CDC - Staying Safe Online Online content What is personal information	CDC - Staying Safe Online Fact and Opinion Online Checklist	CDC - Staying Safe Online Reliability Trustworthiness of content online Scams and Phishing	CDC - Staying Safe Online Cyberbullying
2						
3			HW - Physical health, misleading food adverts online and TV	HW - Physical health and mental wellbeing, what is mental health, what affects your mental health, how to look after your mental health, discrimination around mental health, importance of sleep. How can the internet affect mental health - good use of tools to help.	HW - Diet, exercise and making healthy choices, balanced diet, eating disorders, not spending too much time online, how can online media/ideas affect what we eat and do etc	
4						
5						
6		Minor topic - Friendship skills, including communicating online	HW - Identity, Society, and Equality, role models, how the media affects how people feel.			
Autumn 2						
1	FBV - British values - Tolerance and links to ways of life - both in person but also online. Reminder at the end of term how to be safe online during the holidays and how to behave.	Minor topic - Online communities; identifying and responding to prejudice	HW - Keeping safe online	HW/WW - Keeping safe online what can you trust online? Difference between fact and opinion	Economic Wellbeing; Financial exploitation, fraud and staying safe online; Managing money	CDC - Encryption  Healthy balanced lifestyle; Managing screen and internet time
2						
3				Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.
4						
5		Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.	Reminder at the end of term how to be safe online during holidays and how to behave.
6						



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