



WEEK 1 | MENU



MON

TUES

WED

THU

FRI

Optional meat free day

MAIN MEAL

Meatballs in Tomato Sauce with Penne Pasta (G,E)

Homemade Shepherd's pie with mash potato top (Ce,Su,So)

Roast Gammon and gravy (None)

Mild Chicken curry with Tomatoes and Mango Chutney (So,Mk,Su)

MSC Cod baked fish fingers served with lemon and tomato ketchup (F,G)

VEGETARIAN

Penne Pasta with Tomato and Basil Sauce (G,E)

Quorn Shepherd's Pie with Mash Potato Top (Ce,E,Mk)

Vegetable Risotto (Mk)

Quorn, Sweet Potato and Spinach Curry (E)

Cheesy Omelette (Mk, E)



VEGGIES

Garden Peas
Carrots

Carrots
Sweetcorn

Fluffy roasted Potatoes
Cabbage
Cauliflower

Steamed rice
Broccoli
Sweetcorn

Baked oven chips
Baked beans

PUDDING

Rice Pudding (Mk)

Fresh Fruit Salad

Fruit Jelly

Honey Cake and Ice Cream (G,Mk,E)

Ginger Biscuit (G,M)

Salad bar, jacket potatoes, fresh bread, and a selection of homemade cold desserts, yoghurts and fresh fruit every day.



**CHINESE DAY
24TH JANUARY**



**PANCAKE DAY
25TH FEBRUARY**



**WORLD BOOK DAY
5TH MARCH**



**ST. GEORGE'S DAY
23RD APRIL**



LOOK OUT FOR THIS ICON ON OUR MENUS FOR A BETTER CHOICE FOR YOU!

★ ALLERGENS ★

- Ce = Celery
- Cr = Crustacean
- E = Eggs
- F = Fish
- G = Cereals containing Gluten
- L = Lupin
- Mk = Milk
- Mo = Molluscs
- Mu = Mustard
- N = Nuts
- P = Peanuts
- Sc = Sesame Seeds
- So = Soya
- Su = Sulphur Dioxide



WEEK 2 | MENU



MON

TUES

WED

THU

FRI

Optional meat free day

MAIN MEAL

Beef Bolognese and Penne Pasta (G,E)

Chicken Burger in a Bun with Wedges (G,E,Mk,Mu)

Roast Herefordshire Pork with apple sauce and gravy (None)

Sausage and Peppers with Tomato Sauce (G,Su)

MSC Cod baked fish fingers served with lemon and tomato ketchup (F,G)

VEGETARIAN

Quorn Bolognese and Penne Pasta (G,E)

Vegetarian Burger in a Bun with Wedges (G,E,Mk,Mu)

Quorn Pieces in Gravy (E)

Quorn Sausage with Peppers with Tomato Sauce (E,Mk)

Cheese and Tomato Pizza (G,E,Mk)



VEGGIES

Carrots
Sweetcorn

Broccoli
Garden Peas

Fluffy roasted potatoes
Cabbage
Sweetcorn

Steamed New potatoes
Garden Peas
Streamed Cauliflower

Spaghetti Hoops (G)

PUDDING

Pears with Chocolate Sauce (Mk)

Flapjack (G,Mk)

Fruit Jelly

Jam Sponge with custard (G,E,Mk)

Shortbread Biscuit (G,Mk)

Salad bar, jacket potatoes, fresh bread, and a selection of homemade cold desserts, yoghurts and fresh fruit every day.



CHINESE DAY
24TH JANUARY



PANCAKE DAY
25TH FEBRUARY



WORLD BOOK DAY
5TH MARCH



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WEEK 3 | MENU



MON

TUES

WED

THU

FRI

Optional meat free day

Pork Sausage with Gravy

Macaroni Cheese with Gammon (G,Mk)

Roast Turkey with gravy (None)

Chicken Lasagne (G,Mk)

Homemade Beef Burger in a Bun (G)

MAIN MEAL

Quorn Sausage with Gravy (E,Mk)

Macaroni cheese with a crispy topping (G,Mk)

Mild Vegetable Korma (Mk,Mu)

Quorn Bolognese and Penne Pasta (G,E)

Veggie burger with relish and sauces (G,Mk,Mu,So,Su)

VEGETARIAN

Potato Wedges

Steamed carrots

Fluffy roasted potatoes

Baked oven Chips

Garden Peas

Sweetcorn

Cabbage

Buttered sweetcorn

Baked Beans

Steamed Cauliflower

Garden Peas

Sauté leeks

VEGGIES

Eton Mess (E,Mk)

Golden syrup sponge and custard (G,E,Mk)

Fruit Jelly

Chocolate Sponge and Custard Sauce (G,Mk,E)

Chocolate Chip Cookie (Mk,G,E)

PUDDING

Salad bar, jacket potatoes, fresh bread, and a selection of homemade cold desserts, yoghurts and fresh fruit every day.



CHINESE DAY 24TH JANUARY



PANCAKE DAY 25TH FEBRUARY



WORLD BOOK DAY 5TH MARCH



ST. GEORGE'S DAY 23RD APRIL



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